





Week Three	Monday	Tuesday	Wednesday	Thursday	Friday
Main 1	Wholemeal Cheese and Tomato Pizza, Potato Wedges and Mixed Salad	Beef Chilli and Wholegrain Rice with Green Beans	Roast Pork, Yorkshire Pudding, Potatoes, Carrots, Peas and Gravy	Chicken Pie with Mashed Potato, Sweetcorn and Gravy	Sausages, Hash Browns and Baked Beans
Main 2	Vegetable Lasagne with Potato Wedges and Mixed Salad	Vegetable Noodles with Green Beans	Quorn Cottage Pie, Yorkshire Pudding, Potatoes, Carrots, Peas and Gravy	Quorn Sausage, Mashed Potato, Sweetcorn and Gravy	Free Range Egg Omelette, Hash Browns and Baked Beans
Main 3	Wholemeal Egg Mayonnaise Sandwich with Salad	Cheese Salad Wrap with Salad	Tuna Mayonnaise and Cucumber Wrap with Salad	Jacket Potato with Cheese and Salad	Jacket Potato with Baked Beans and Salad
Pick and Mix Salad Bar is available for all 3 main meal options every day					
Dessert	Fruit Salad	Bananas and Custard	Yoghurt and Watermelon	Cheese, Crackers and Apple Slices	Jelly and Fruit
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Drinks	Water	Water	Water	Water	Water
Extra bread	Wholemeal Bread	Wholemeal Bread	Wholemeal Bread	Wholemeal Bread	Wholemeal Bread

Weeks Commencing 29th April, 20th May, 17th June, 8th July

